



GIVE YOUR DRIVES...

AVERAGE
CLUBHEAD SPEED
121.5 MPH

YOUR **BIG MUSCLES** ARE THE KEY TO BETTER TEE SHOTS **BY ALVARO QUIROS**

I'VE PLAYED GOLF ALL MY LIFE relying on good hand action. It's true that it has helped me become the longest driver on the European Tour in four of the past five seasons. But as I've gotten older, I've come to understand that relying on my hands to square the clubface and provide a powerful draw ball flight is not a consistent way to play. I've been working hard on reducing my hand action and using a big body turn to hit the ball not only farther, but also straighter. It's a good lesson for you, too. If you can focus your swing on body rotation, using your big muscles to create clubhead speed and square the face, you're going to drive the ball better than ever. Here are some tips to help you launch it. —WITH RON KASPRISKE



KEEP IT SHORT AND TIGHT

I'VE BEEN WORKING on making a more level shoulder turn so my backswing no longer feels long or loose. I want it to feel compact and that everything is tight. If the club gets past parallel—or even to parallel—at the top, that's a sign my hands are getting too active. That can screw up my timing on the downswing. So instead of worrying where the shaft is at the top, I'm concentrating on making a turn until my stomach and back muscles feel as if they are really stretched.



ROTATE, DON'T SLIDE

MY TYPICAL MISS is a block. The ball flies straight but right of the target. Sometimes during the downswing, my lower body slides toward the target and the club gets trapped behind me forcing me to save the shot with a handsy release. If I'm too late, it's a block. I want my hips to rotate, not slide. It's a feeling of my head staying behind the ball and putting my body weight into the hit. To play a fade, I try to keep the handle of the club pointing at my stomach through impact—everything is turning together.



A BODY BLOW

AVERAGE
BALL SPEED
180.5 MPH



AVERAGE
CARRY DISTANCE
296.7 YDS



STAND TALLER TO MAKE A BETTER TURN

AT ADDRESS, I'M CONSTANTLY CHECKING to make sure I'm standing tall to the ball. I look down to see if my hands are hanging too low. If they are, then I'm not giving my chest a chance to turn back wide enough for a powerful hit. That's when I get handsy, because I try to make up for that loss of width by hinging the club up more with my hands. If I stand taller, I give my chest a chance to get wider.

**QUIROS' AVERAGE
DRIVE ASCENDS 110
FEET AND HANGS IN
THE AIR 6.6 SECONDS.**



POST UP LEFT OF YOUR TARGET

IT'S WRONG TO SAY your chest should be pointing at the target when you finish the swing. I want my chest pointing considerably left of the target. I don't stop turning until my body won't turn anymore. If it stopped at any point before that, guess what, my hands would flip the clubface shut and I'd hook it. A complete body turn through the ball allows me to hit solid fades and take the left side of the course out of play. ♣

ABOUT QUIROS

Alvaro Quiros, 29, was born in Guardiro, Spain. He has won seven times on the European Tour and is currently ranked 40th in the world.



AVERAGE
DRIVING DISTANCE
307.1 YDS